



E-NEWSLETTER

SPRING EDITION

2025 Feb

Welcome to our quarterly newsletter!

Volunteer Burnaby is committed to promoting volunteerism and to providing the residents of Burnaby and New Westminster the opportunity to become involved as volunteers. We believe fundamentally that all residents should be made to feel welcome to contribute to the betterment of our community.

IN THIS ISSUE:

- Community Clean-up Events
- Upcoming Volunteer Fair
- Volunteer Burnaby's Volunteerism Trend Study
- Become a Member!
- Volunteer Resources Administration Online Training

COMMUNITY ENGAGEMENT STARTS HERE

-BECOME A MEMBER



Scan the QR code to check out our online volunteer opportunity database.

If you are interested in becoming a member and start using our database, contact:

info@volunteerburnaby.ca

Follow our Instagram



IG: [@volunteerburnaby](https://www.instagram.com/volunteerburnaby)



OUR SPONSORS:



VOLUNTEER BURNABY COMMUNITY CLEAN-UP 2026

On April 11, 2026, Volunteer Burnaby is hosting a small-scale community litter clean-up activity at Bonsor Park. Returning Volunteers and new applicants are welcome to join us! There will be a brief online interview if you are new to the organization.

All ages are welcome to join (accompanied by a guardian if under 13), and you do not need any experience!

Except for extreme weather conditions, the activity will go ahead rain or shine!

Location: Bonsor Park (Bonsor Recreation Complex), Burnaby

Date: Saturday - April 11, 2026

Time: 1:30 PM - 3:30 PM

**Meetup: Bonsor Recreation Complex parking lot (By Central Blvd),
Burnaby, BC**



Our past cleanup at Central Park,
Burnaby

Volunteers who sign up for this activity will receive appropriate safety training, gear, and snacks. There will be online remote interviews for new volunteers. Except for extreme weather conditions, the event will proceed, rain or shine. Appropriate gear and light snacks will be provided.

Limited spots available (up to 15 volunteer positions, at this time).

UPCOMING VOLUNTEER FAIR



VOLUNTEER FAIR 2026

Meet inspiring organizations and discover how you can make a difference.

 15th May, 2026  12:00PM - 5:00PM

 Lougheed Mall, Burnaby, BC

- Direct Access to Local Organizations
- Sign-up on the spot
- Explore Volunteer Opportunities
- Enter a Lucky Prize Draw

[Join Us!](#)

Volunteer Burnaby's Volunteerism Trend Study

DECLINE IN VOLUNTEERISM: TIME SCARCITY IN BURNABY, METRO VANCOUVER

By Gabriella Abigail Josephine

Volunteer Burnaby promotes volunteerism as a right and a responsibility of the residents of Burnaby. We actively try to assess and understand how the volunteering trend is changing so we may provide better services and strengthen community participation.

Therefore, we tasked our summer student, Gabriella, to lead a project studying the current volunteerism trend. And we would like to share a concise, quick-read version of her research project with you.

DECLINE IN VOLUNTEERISM: TIME SCARCITY IN BURNABY, METRO VANCOUVER

By Gabriella Abigail Josephine

01. Introduction

Volunteering has always been an important part of Canadian culture. However, recently it is found to be harder generally to recruit and retain volunteers. This is possibly due to the lack of time available of the volunteers caused by the fast-paced life of the modern world and the economic decline experienced by Canadians including Burnaby residents.

02. Objective

Find a relationship between time scarcity and the lack of volunteers observed in order to figure out a solution to accommodate this problem and consequently preserve the volunteering culture in Canada.

03. Methodology

Volunteer Burnaby conducted a survey with 84 participants of volunteers in Burnaby to explain their experience volunteering including factors that become barriers to their volunteering.

This was based on literature review that shows that fast-paced modern life and economic decline does affect time scarcity.

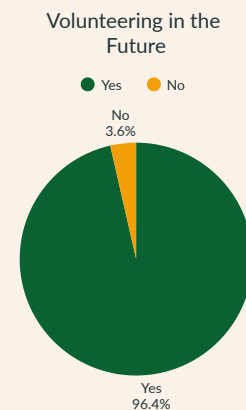
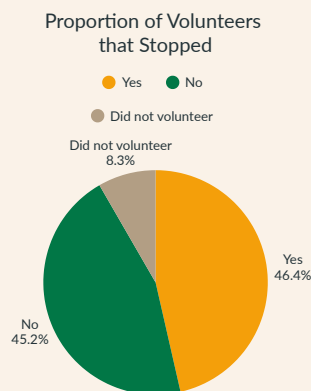
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04. Results/Findings

Results show that there are a lot of people that started volunteering but nearly half of the volunteers stopped.

- Most of the volunteers are youths and most of the volunteers that stopped are youths
- Having no time is the leading factor causing volunteers in Burnaby to stop
- Among those that never volunteered, they also either have no time or no knowledge
- 96% of people in Burnaby still wants to volunteer

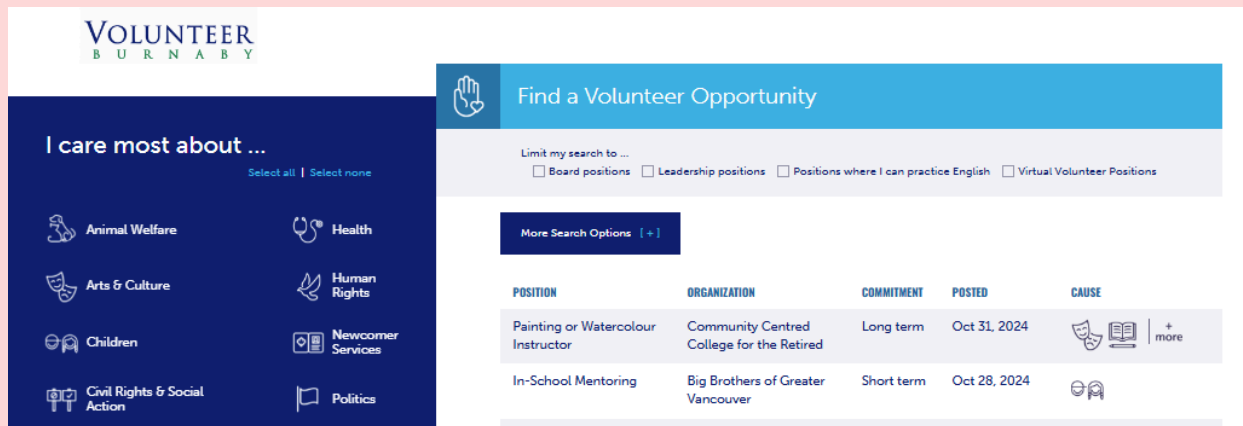


BECOME A MEMBER!



VOLUNTEER BURNABY IS A MEMBER-DRIVEN ORGANIZATION. OUR PRIORITY IS TO EXPAND AND MAINTAIN THE HEALTH AND WELL-BEING OF OUR MEMBERS BY OFFERING ESSENTIAL PROGRAMS AND SERVICES.

Join Volunteer Burnaby and enjoy exclusive benefits to enhance your organization's success:

- Streamlining your volunteer recruitment process by posting opportunities on our database which maximizes visibility to local residents.



The screenshot displays the Volunteer Burnaby website interface. On the left, a dark blue sidebar titled "I care most about ..." offers various cause categories with icons: Animal Welfare, Arts & Culture, Children, Civil Rights & Social Action, Health, Human Rights, Newcomer Services, and Politics. The main content area is titled "Find a Volunteer Opportunity" and includes search filters for "Board positions", "Leadership positions", "Positions where I can practice English", and "Virtual Volunteer Positions". Below the filters is a table of volunteer opportunities.

POSITION	ORGANIZATION	COMMITMENT	POSTED	CAUSE
Painting or Watercolour Instructor	Community Centred College for the Retired	Long term	Oct 31, 2024	 + more
In-School Mentoring	Big Brothers of Greater Vancouver	Short term	Oct 28, 2024	

- Prioritized representation of your organization and opportunities in our fairs and online platforms
- Reduced rates for services like conference room rental, volunteer management training, workshops, and conferences.
- Professional consultation Services
- Being informed of new events, training, workshops, news relevant to Volunteering, and voting rights at our AGMs

VOLUNTEER RESOURCES ADMINISTRATION ONLINE TRAINING



Membership discount:

The completion of all four courses entitles you to a refund of 10% of the total cost of the four courses.

Receive an additional 10% Volunteer Burnaby and Volunteer BC membership discount upon completion of the entire program.

Why Online Training?

It is at-your-own-pace, easily accessible and engaging. And most importantly, you will learn to:

- Develop an appreciation for the Administration of Volunteer Resources as a profession
- Motivate workers in the Profession of Administration of Volunteer Resources to advocate for the profession as well as the Volunteer Program
- Develop the necessary skills for organization preparedness to include volunteers
- Plan, implement, and evaluate a successful Volunteer Program
- Understand The Life Cycle Of Volunteers, with the aim to create a culture that appreciates and recognizes volunteers for their contribution to the community